

Speaking of Self

A 3-DAY TRANSFORMATIONAL COURSE IN SELF-EXPRESSION

August 27 - 28 -29

Embassy Suites Galleria, Dallas TX

BECOME AWARE OF WHAT IS IN YOU.

ANNOUNCE IT, PRONOUNCE IT, PRODUCE IT

AND GIVE BIRTH TO IT.

-- Meister Eckhart

- Have you ever thought, “I’d like to be a speaker, but I’m terrified to stand up in front of a group?”
- Are you already a public speaker, but you’d like to hone your presentation skills?
- Could your sales presentations be more compelling?
- Are you insecure about convincing your audience that you have a great product or service?
- Have you ever been intimidated by others?
- Have you ever wished you could get over being shy

If you answered “yes” to any of these questions, **Speaking for Self** is the course for you!

This dynamic three-day intensive will provide you with a breakthrough experience in discovering your confidence. It will dispel any limiting beliefs you hold about being an effective speaker. It will equip you with the skills you need to hold an audience spellbound! It will literally free you up to relate authentically to groups, to sell your ideas and impact other people’s lives! And it empowers you to “be yourself” in any situation in which you feel intimidated or held back.

Fear of public speaking ranks right up there with fear of death. But this fear is actually symptomatic of more subtle issues of communication and relationship which often go unrecognized because of coping skills we develop, such as: “I don’t have a problem with him, I just don’t talk to him anymore;” or, “I’m just shy;” or “I don’t dance;” or any other excuse we make to justify not participating fully in life. This fear is learned behavior. Therefore it can be UN-learned. You can learn to replace your fear of public speaking with the JOY of self-expression...freely...effectively...powerfully.

I will never again be afraid to speak to anyone, anywhere, at any time!

Mary Ann Bryan

Once you have a breakthrough in transforming your fear of public speaking, you will experience powerful results in other areas of life. You will become more expressive in your relationships with friends, family and co-workers. Your attention will shift from self-service to taking care of others. You will take charge of your life, and become happier, more productive, more fulfilled.

What does this have to do with your practice? EVERYTHING! Your patients distinguish and select your practice from other options available to them based on the level of relationship they experience while they are in your office. They know when staff and doctor are in harmony, and they sense when people are working there only to collect a paycheck. When staff and doctor are service-oriented and focused on expressing their highest intentions to make a difference in their lives, patients become, to quote Ken Blanchard, “raving fans.

“After my partners and I did the seminar, we saw such dramatic results for ourselves that we have had over 40 of our employees take it. Since then our business has increased 25%.”

*Steve Tiret, Financial Planner
San Francisco, CA*

Speaking of Self trains you experientially in becoming an effective and compelling speaker.

- Each day you will speak in front of the group. Coaching and feedback will be provided in a supportive, safe environment. This will enhance your ability to express yourself freely without fear of rejection.
- Your presentations will be videotaped, and at the end of the course you will be given your tape.

Over the three days you will learn how to:

- Feel at ease in front of a group
- Design a talk that moves people to action
- Turn “dry, technical” presentations into stimulating and educational experiences for your audience
- Create a relationship with your audience that makes you “buyer-friendly”
- Transform your fear of speaking into authentic passion and enthusiasm for your message
- Express your commitment, purpose, love and service for people

This course saved the life of one of my sons and my relationship with another son.

*Paul Zuelke
Zuelke & Associates*

AND you'll learn to put your best foot forward: Each participant will receive a professional make-over, including hairstyling and wardrobe, during private sessions with top hairstylists and a professional image consultant. Women will receive a makeup consultation, as well.

Enrollment in this course is limited to insure individualized coaching personal attention.

MEET THE INSTRUCTORS

Joan Garbo is a professional speaker with over 25 years of experience in training others to communicate effectively. She has led over 2,000 seminars and more than 100 speaker trainings. Joan's high energy, humor, and powerful, insightful coaching techniques have helped more than 500 people to transform their fear of public speaking into the excitement of full self-expression in any situation.

Ron Williams was a President of Big Spring TX Toastmasters Club. His background includes high-level positions in sales and accounting with AT&T, after which he created his own sales training company, Integrated Communications Inc. Ron now conducts lively and inspirational seminars and workshops in Sales Training, Communication, Problem Solving, Creativity, Transactional Analysis, Stress Management, and Transformational Technologies.

"Come to the edge of the cliff," he said.

"We're afraid," they said.

"Come to the edge of the cliff," he said.

"We're afraid," they said.

"Come to the edge of the cliff," he said.

They came.

He pushed.

They flew.

Guillaume Appollinairex

Make this YOUR time for transformation!!! Call Joan Garbo at 631-608-2979 or mail your registration form today.

**Tuition: \$1095.00 for the first person
 \$ 995.00 for each additional person from the same staff or family**

Early bird registration!

**Save \$100 if you register before June 15, 2009
(minimum \$100 deposit; balance due by July 24, 2009)**